



Dear Parent or Guardian,

We are sending this informational slip to you because the *Pure Freedom* program honors the fact that you are the primary health educator of your children. *Pure Freedom* is a relationship education and sexual abuse prevention program taught by certified educators from Lifeline in Kirksville, Missouri, in accordance with state and national education standards. This program was created to develop students' skills in making healthy life choices through an interactive presentation. Some topics covered are:

- Recognizing healthy and unhealthy relationships
- Setting boundaries both digitally and in face-to-face relationships
- Understanding facts about pregnancy and sexually transmitted infections
- Recognizing and reporting abuse
- Focusing on future goals and dreams

This curriculum's goal is to educate and empower your student in making positive decisions and building healthy relationships through delivery of information and activities with the educator and other students. Students will complete a questionnaire after the classes to help us understand how they benefited from the program. The data from this questionnaire will not be attached to their name and will not include their individual information. In *Pure Freedom*, we recognize the intrinsic value of all students and are committed to inclusivity, so that each student has the best opportunity to thrive. Our educators teach with a trauma-informed lens to ensure a safe, respectful environment where students feel comfortable and valued.

If you have questions about this program, please contact Pure Freedom at 660-665-3059.

To view a curriculum outline or an overview video, you can visit purefreedomprogram.org/parent.

This class is voluntary and in no way required. If you want your student to attend this program during class, you **do not need to return this slip**. We look forward to working with your student.

We recognize the right of parents to choose to opt their child out of this program. If you choose to do so, please sign on the line below and have your student return the slip to school prior to the program.

I, _____, do hereby **opt out** my child, _____ from the *Pure Freedom* program.

Parent Signature

Date