SCHOOL CALENDAR

Dec. 5 HSBB & Cheer Photos

Dec. 6 Early Dismissal

Dec. 7 Elem. Christmas Concert

Dec. 14 Grades 6-12 Winter Concert

Dec. 20 Early Dismissal

End of Second Quarter End of First Semester

Dec. 21-Jan. 3 Christmas Break

Jan. 3 Teacher Workshop

1st Possible Make-Up Day

Jan. 4 School Resumes

Jan. 15 MLK Day-No School

Jan. 24 Early Dismissal

Feb. 2 Mid Quarter

Feb. 14 Early Dismissal

Feb. 19 President's Day-No School

March 9 End of Third Quarter

March 15 Early Dismissal

P/T Conferences 1-7 p.m.

March 16 No School

March 29 Early Dismissal

March 30-April 2 Spring Break

April 4 Early Dismissal Mustang Relays

April 21 Prom

April 29 Baccalaureate

April 30-May 3 Senior Trip

May 6 Graduation

May 15 Early Dismissal

End of Fourth Quarter End of Second Semester

May 16-17 Teacher Workdays

Possible Snow Make-Up Days Jan. 3, May 16, 17, 18, 21, 22



Linn Co. Ledger

15533 Hwy KK

Purdin, MO 64674

660-244-5035

VOLUME 249

December 2017

Marching Band

Marching season has finally come to an end. The Marching Mustangs have had another successful year. We participated in several parades this year, including the Linneus Old Settlers Parade; the Marceline Homecoming Parade, in which we were awarded 2nd place; the Trenton Marching Festival, in which the color guard also performed; and the Chillicothe Holiday Parade. We were a very young band this year, but it is very exciting to see how much the students have improved and grown as musicians throughout the season.

Thank you all for your continued support!



News From Mrs. Gray

We have been very busy around school as usual. I hope everyone had a safe and enjoyable Thanksgiving holiday.

The Junior High basketball season just finished and the High School has started their season. I would like to thank everyone that has been out to support the school in anyway so far this year and I would like to encourage the continued support of parents and community members at all events that take place.

The Elementary concert will be held on December 7th at 7:00 p.m. and the Junior High and High School concert is scheduled for December 14th at 7:00 p.m.

The second quarter will end on December 20th. I encourage all students to continue to work hard in all classes. You can access the Linn County R-I homepage and click on the calendar link to see a schedule of

Veterans Day

A big **THANK YOU** to all the Veterans that were able to join us on Friday, November 10th. We sincerely appreciate their service.

Elementary Celebration

activities that take place.

The elementary celebration will be held Wednesday, December 20th. The students will be traveling to Brookfield to watch a movie. School will dismiss at 12:20 pm on December 20th for Christmas break.

Elementary Raffle

The elementary students will be selling raffle tickets for a fundraiser. The raffle tickets will be for items that will be given away at the elementary concert. This fundraiser helps support the movie day and a few other programs and incentives for the elementary. We appreciate your support.

Help 4th Grade's Collection Efforts

Fourth graders are collecting pop tabs to donate to the Ronald McDonald House. Collection containers are located on the top of each water fountain at school and by the high school office. Thank you for helping us help others.

News from Mr. Livingston

Winter is right around the corner and with that in mind it is in our best interest to keep our staff and students safe. The most effective way to stay up to date is to sign up with the "MUSTANG ALERTS". This is the schools text message service that is sent out when school is cancelled or in an event of an early dismissal. If you need help signing up, please contact the school.

The district will still call the **selected radio stations** at the bottom of the page. Remember, this is a big district with long bus routes and we have the safety of all of the students as our primary interest. Please have plans in place as to where you want your children to go in case we do let out early and you are at work. Do they know what to do? Does the school know what they are supposed to do? Do they need to ride a different bus, go to a different house, or stay with a friend? In the excitement of letting out early, it is hard to get to all of the phone calls that come in, so please make your plans now. In the case of small children, please let us know what the plans are so that we can insure that the students go where they are supposed to. It is much easier to have these plans ahead of time so the phone lines are not being used to make arrangements during early dismissals.

The radio stations that we will be announcing on are: KZBK Brookfield - AM 1470 FM 96.9 KDWD Marceline – FM 99.1

BOARD ELECTION

The Linn Co. R-I School District encourages qualified persons interested in running for a position on the School Board to file to be a candidate in the April 3, 2018, election.

Interested persons may file at the superintendent's office. Filing will begin on December 12, 2017, at 8:00 a.m. and will continue during the district's regular business hours, which are Monday through Friday from 7:45 a.m. to 3:30 p.m. Except for the first and last day of filing, filing will not occur on days that the school district's central offices are closed due to inclement weather. Filing will also not occur on the following holidays and breaks when the school district's central offices are closed: December 20 – January 2 and January 15.

Filing will end on January 16, 2018, at 5:00 p.m. There are two positions available with three-year terms currently held by Janis Guyer and Amy Johnson.

serior spotlight



"Don't let the world change your smile. Let your smile change the world."

What are your future plans? Go to college for social work.

What activities are you involved in? FTA President

Describe yourself using three adjectives. Funny, Straight-Forward, Cheerful

Who at Linn County has influenced you the most and why? Mrs. Wiles because she has helped me so much.

Jack Alvin Lambert

Need a Christmas gift idea for a student? Yearbook has gift certificates like the one below available.

\$25 without a namestamp
\$30 with a namestamp
Prices will increase after Christmas
Email Mary Hoyt with questions
mhoyt@linnr1.k12.mo.us

HAPPY HOLIDAYS

This holiday certificate entitles

Stude & Name

SLINN County Reflector

FROM:

Purchaser Name

Linn County R-1 Home of the Mustangs

P O Box 130 15533 Hwy KK Purdin, MO 64674

Phone: 660-244-5035 Fax: 660-244-5025 Email: school@linnr1.k12.mo.us

> Linn Co. R-1 Message Line 660-895-1234

Sign up for text alerts at www.linnr1.k12.mo.us

Look for the Mustang Alerts button on the right side of the homepage.

Administration:

Ryan Livingston - Superintendent Candi Gray - Elem./HS Principal

LEARNING FOR TODAY, PREPARING FOR TOMORROW

www.linnr1.k12.mo.us

Board of Education

Janis Guyer, Pres., 5 yrs Chad Gooch, V.P., 6 yrs Racheal Neal, 7 yrs Brenda Search, 7 yrs Shannon Murrell 4 yrs Amy Johnson 2 yrs Tim Coram 1 yr Linn County R-1 School PO Box 130 15533 Hwy KK Purdin, MO 64674 NON-PROFIT ORGANIZATION
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Postal Patron

NEW FTA Valentine's Day Fundraiser GOTTA CRUSH?

See FTA order form to order a Crush pop for your Valentine!





BUY A CRUSH FOR YOUR CRUSH!

Crush flavors will vary.



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e:	

From	Deliver To	Grade	Cost
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Holiday Newsletter Linn Co. FCA

A special thank you to; Calvary Chapel Baptist Church, Browning Baptist Women, Phyllis Wilson, Paul & Billie Jo Richards, Kelzi & Kenadi Head, Christina Moore, Kay Jennings, Kenny Ray & Francis Nickell, Duane & Tammy Davis, Tammy Rudloff and Melody Anaya for making this year's *Operation Christmas Child* one to remember.

The FCA students had a wonderful time shopping and packing boxes for children who normally receives nothing for the Christmas holiday. Often these gift boxes are the only new things these children will receive in their lifetime. The shoe boxes were dropped off at the Milan First Baptist Church and transported to Kirkville where they were loaded onto a semi-truck headed towards Eagan, MN, a processing center. From there the boxes will be transported by plane and delivered to remote areas in Mexico.

Your contribution has allowed the FCA to pack and ship 45 boxes this CHRISTMAS SEASON. You have been a blessing in a young child's life and a seed has been planted...THANK YOU for your generosity!

Merry Christmas and a Wonderful New Year! Linn Co. FCA





Shopping Crew: Cheyenne Ratliff, Brendan Ratliff, Olivia Bright, Jaden Lester, Amelia Creason, Emily Kasey, Alyssa Lester, Marina Constantino and Jenna Hoerrmann.

Packing Crew: Olivia Bright, Leticia Bright, Amelia Creason, Emily Jennings, Billy Richards, Jeff & Robin Morelock, Khalia Crandell, Billie Jo Richards and Scott & Sara Jennings















December 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast menu in bold					Scrambled Eggs, Toast Nachos, Refried Beans, Corn, Sidekick	2 Chocolate & 1% white milk served with lunch
3	4 Muffin Chicken Fried Steak, Mashed Potatoes, Gravy, Green Beans, Fruit	5 French Toast Taco, Cake, Peaches	6 Biscuit, Gravy Sweet & Sour Chicken, Rice, Oriental Veggies, Pineapple	7 Breakfast Burrito Spaghetti, Tossed Salad, Garlic Toast, Fruit	8 Pancake on a Stick BBQ Pork on a Bun, Fries, Baked Beans, Fruit	9 Chef Salad or Peanut Butter sandwich are daily choices for lunch
10	11 Breakfast Sandwich Meatloaf, Hashbrown Casserole, Peas/ Carrots, Fruit	12 Oatmeal/Toast Boneless Buffalo Wings, Fried Potato Chips, Celery w/ Ranch, Fruit	13 Biscuit, Gravy Pizza, Corn, Fruit	14 Long John Chili Cheese Tots, Broccoli, Cookie, Fruit	15 Mini Cinnis, Fruit Christmas Dinner	16 Cereal choice daily for breakfast Variety of fruit & 100% fruit juice
17	18 Breakfast Pizza Ham & Beans or Fish Sticks, Fried Potatoes, Coleslaw, Cornbread, Fruit	19 Sausage/Egg Casserole Cooks Choice	20 Biscuit, Gravy Sack Lunch Sandwich, Chips, Rice Krispie Treat, Apple	21 No School	22 No School	23 Chocolate & 1% white milk & orange, apple, cherry/apple, and grape served with breakfast
24	25 No School	26 No School	27 No School	28 No School	29 No School	30
31						

December 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Northwestern HS Basketball Tournament	2 Northwestern HS Basketball Tournament
3	4 6 pm JVBB @ LC vs Marceline	5 HSBB and Cheer Photos 6 pm HSBB@ LC vs Brashear	6 12:20 pm Early Dismissal	7 Elementary Christmas Concert	8 6 pm HSBB @ LC vs Atlanta	9
10	11 Pep Band #1 6 pm HSBB @ LC vs Northwestern	12 6 pm HSBB @ Meadville	13	14 Winter Band, Choir, 6th Grade Music Concert	15	16
17	18 6 pm HSBB @ Brunswick	19	20 Early Dismissal @ 12:20 pm End of 1st Semester End of 2nd Quarter	21 No School	22 No School	23
24	25 No School	26 No School	27 No School	28 No School	29 No School	30
31						



The Flu: A Guide For Parents

FLU INFORMATION

What is the flu?

Influenza (the flu) is an infection of the nose, throat, and lungs caused by influenza viruses. There are many different influenza viruses that are constantly changing. Flu viruses cause illness, hospital stays and deaths in the United States each year.

The flu can be very dangerous for children. Each year about 20,000 children younger than 5 years old are hospitalized from flu complications, like pneumonia.

How serious is the flu?

Flu illness can vary from mild to severe. While the flu can be serious even in people who are otherwise healthy, it can be especially dangerous for young children and children of any age who have certain long-term health conditions, including asthma (even mild or controlled), neurological and neurodevelopmental conditions, chronic lung disease, heart disease, blood disorders, endocrine disorders (such as diabetes), kidney, liver, and metabolic disorders, and weakened immune systems due to disease or medication.



Children with these conditions and children who are receiving long-term aspirin therapy can have severe illness from the flu.

How does the flu spread?

Most experts believe that flu viruses spread mainly by droplets made when people with the flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. Less often, a person might get the flu by touching something that has flu virus on it and then touching their own mouth, eyes or nose.

What are the symptoms of the flu?

Symptoms of the flu can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue and sometimes vomiting and diarrhea (more common in children than adults). Some people with the flu will not have a fever.

How long can a sick person spread the flu to others?

People with the flu may be able to infect others by shedding virus from 1 day before getting sick to 5 to 7 days after. However, children and people with weakened immune systems can shed virus for longer, and may be still contagious past 5 to 7 days of flu illness, especially if they still have symptoms.

PROTECT YOUR CHILD

How can I protect my child against the flu?

To protect against the flu, the first and most important thing you can do is to get a flu vaccine for yourself and your child.

- Vaccination is recommended for everyone 6 months and older.
- It's especially important that young children and children with long term health conditions get vaccinated. (See list of conditions in "How serious is the flu?")
- Caregivers of children with health conditions or of children younger than 6 months old should get vaccinated. (Babies younger than 6 months are too young to be vaccinated themselves.)
- Another way to protect babies is to vaccinate pregnant women. Research shows that flu vaccination gives some protection to the baby both while the woman is pregnant and for up to 6 months after the baby is born.

Flu vaccine is updated annually to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season. Flu vaccines are made using strict safety and production measures. Over the years, millions of flu vaccines have been given in the United States with a very good safety record.

Is there a medicine to treat the flu?

Antiviral drugs are prescription medicines that can be used to treat and prevent influenza illness. They can make people feel better and get better sooner. Antivirals can mean the difference between having milder illness instead of very serious illness that could result in a hospital stay. Antiviral drugs are different from antibiotics, which fight against bacterial infections. They work best when started during the first 2 days of illness. It's very important that antiviral drugs are used early to treat the flu in people who are very sick (for example, people who are in the hospital) or who are at high risk of having serious flu complications. Other people with flu illness may also benefit from taking antiviral drugs. These drugs can be given to children and pregnant women.

What are some of the other ways I can protect my child against the flu?

In addition to getting vaccinated, you and your children can take everyday steps to help prevent the spread of germs.

These include:

- Stay away from people who are sick.
- If your child is sick with flu-like illness, try to keep him or her in a separate room from others in the household, if possible.
- CDC recommends that your sick child stay home for at least 24 hours after his or her fever is gone except to get medical care or for other necessities. The fever should be gone without the use of a feverreducing medicine.
- Cover your mouth and nose with a tissue when you cough or sneeze. Throw the tissue in the trash after it has been used.
- Wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Clean and disinfect hard surfaces and objects that may be contaminated with germs, including bathroom surfaces, kitchen counters and toys for children. Clean by wiping them down with a household disinfectant

according to directions on the product label.

These everyday steps are a good way to reduce your chances of getting sick. However, a yearly flu vaccine is the best protection against flu illness.

IF YOUR CHILD IS SICK

What can I do if my child gets sick?

Talk to your doctor early if you are worried about your child's illness.

Make sure your child gets plenty of rest and drinks enough fluids. If your child is 5 years and older and does not have other health problems and gets flu-like symptoms, including a fever and/or cough, consult your doctor as needed.

Children younger than 5 years of age — especially those younger than 2 years old — and children with certain chronic conditions, including asthma, diabetes and disorders of the brain or nervous system, at high risk of serious flurelated complications. If your child is at high risk for flu complications, call your doctor or take them to the doctor right away if they develop flu-like symptoms.

What if my child seems very sick?

Even previously healthy children can get very sick from the flu.

Make sure your child gets plenty of rest and drinks enough fluids. If your child is 5 years or older and does not have other health problems and gets flu-like symptoms, including a fever and/or cough, consult your doctor as needed:

- Fast breathing or trouble breathing
- Bluish or gray skin color
- Not drinking enough fluids (not going to the bathroom or not making as much urine as they normally do)
- Severe or persistent vomiting
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- ► Flu-like symptoms improve but then return with fever and worse cough
- Has other conditions (like heart or lung disease, diabetes, or asthma) and develops flu symptoms, including a fever and/or cough.

Can my child go to school, day care or camp if he or she is sick?

No. Your child should stay home to rest and to avoid giving the flu to other children or caregivers.

When can my child go back to school after having the flu?

Keep your child home from school, day care or camp for at least 24 hours after their fever is gone. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C) or higher.